DID YOU KNOW?

By supporting Donation Warehouse, you are also supporting the Parenting Place's mission of preventing child abuse and neglect through strengthening families.







IS COMMON

What is Trauma?

The Substance Abuse and Mental Health Services Administration (SAMHSA) describes trauma as events or circumstances experienced by an individual as physically or emotionally harmful or life-threatening, which result in adverse effects on the individual's functioning and well-being

TRAUMA HAS A **BIG IMPACT**

The Adverse Childhood Experiences (ACE) Study, conducted by the CDC and Kaiser Permanente, revealed that the more an individual is exposed to a variety of stressful and potentially traumatic experiences, the greater the risk for chronic health conditions and health-risk behaviors later in life effecting family, work, school and more.



About 61% of adults surveyed across 25 states reported that they had experienced at least one type of ACE, and nearly 1 in 6 reported they had experienced four or more types of ACEs.



Two-thirds of adults in addiction treatment experienced child abuse and neglect.



Up to 90% of people who receive public mental health care have been

exposed to

trauma.



Children with trauma experiences are 2.5 times more likely to have repeated a grade in school.



The economic and social costs to families, communities, and society totals hundreds of billions of dollars each year.



ORGANIZATIONS



We know that there is Trauma... NOW WHAT?

Trauma is present... But through the support of Donation Warehouse, The Parenting Place is able to offer educational courses to both families and organizations to allow for opportunities of growth and change.



TAKE THE NURTURING PARENTING PROGRAM



The Parenting Place offers the Nurturing Parenting Program, an excellent evidence-based curriculum which provides a wide variety of topics suitable for all families. The group setting provides a unique opportunity to explore the wonders and challenges of parenting.



Class cost is \$155, but that isn't always affordable support, The Parenting Pace has never had to turn away a potential student due to financing.

IFΔRN .



Appropriate expectations of children



How to build empathy



Positive discipline techniques



Appropriate parent-child family roles



Encourage independence in children

can help more businesses get their staff educated

to be Trauma-Informed.



To provide

Trauma-Informed

Care (TIC)

WAREHOUSE





Paradigm

shifts in your

perspective



environments of healing & recovery

IFΔRN .

BECOME INFORMED THROUGH TRAUMA 101

Trauma 101 is a half day training, offered by The Parenting Place,

that teaches the impact of trauma on the individual and society as

Class cost is \$500/organization but it isn't always in

a whole. Participants will learn what it is, why it matters and how



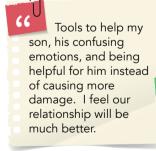
Five guiding principals

of TIC

Understand what it means to be trustworthy

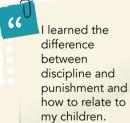
AFTER TAKING THE COURSE, I LEARNED...

Real responses from past participants.





How to communicate, that I wanted to talk to my kids more and that I need to be more sympathetic with my children.





THE NEW WORKPLACE IS TRAUMA-INFORMED

According to Kaiser Permanente, "When you understand the effects of trauma, you can offer the understanding and compassion that your employees need right now."



It costs 33% of a worker's annual salary to replace them if they leave, according to Employee Benefit News.

The Corona Virus pandemic is causing unprecedented levels of stress... 7 in 10 employees say this is the most stressful time of their career.



HOW CAN YOU SUPPORT DONATION WAREHOUSE & THE PARENTING PLACE'S MISSION?



DONATE FURNITURE OR APPLIANCES

When you donate a couch or an appliance,

Donation Warehouse picks up donations five days per week and it is FREE for furniture and working appliances (in the



BUYING FURNITURE FROM DONATION WAREHOUSE SUPPORTS PARENT EDUCATION

1,000 furniture items a month, from couches to chairs to bed frames. Each item sold helps fund a local class about



REDUCE, REUSE, & RECYCLE FOR A CAUSE

New Data from Ginger Shows Nearly 70 Percent of Workers Feel More Stressed During Covid-19 Than at Any Other Point in Their Entire Professional Career," Ginger press release, April 9, 2020

e is trauma-informed: Kaiser Permanente. Business Health Care ed October 22, 2021, from https://business.kaiserpermanen-

19 employee retention statistics that will surprise you (2021). Apollo Technical LLC. (2021, July 30). Retrieved October 28, 2021, from https://www.apollotechnical.com/employee-retention-statistics/.